



## LUNCH MENU

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### Starters

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**Soup of the Day**  
cup 3, bowl 6

**Spring Rolls (4 halves) *nf***  
Light, crispy-fried rolls filled with cabbage, carrots, onions, and glass noodles served with sweet and sour sauce and spicy mustard, 6

**Buffalo Lollipops *nf gf***  
Soy chicken drumstick, Buffalo sauce, and vegan blue cheese made in house, 11

**Crispy Brussels Sprouts *nf***  
Brussels sprouts fried in tempura batter, tossed in Mae Ploy sauce, 9

**Supreme Nachos *nf gf sf***  
Organic corn chips, vegan cheese, house-made chili, romaine lettuce, tomatoes, jalapeño, guacamole, 13

**Steamed or Pan Fried Dumplings *nf***  
Filled with Asian cabbage, carrots, tofu, black mushrooms, and spinach with a soy-ginger dipping sauce, 9

**Fried Avocado Tacos *nf available gf***  
Avocado, roasted tomato, shredded romaine lettuce, vegan cheese, mild chipotle salsa, corn tortilla, 9

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### Salads and Bowls

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**Classic Caesar *nf***  
Crisp romaine, soy chicken, herbed croutons, our made-from-scratch Caesar dressing, and mushroom topping, 13

**Nourishing Bowl**  
Organic quinoa, massaged kale, roasted Brussels sprouts, chickpeas, beets, sliced almonds, tomatoes, tossed with our house-made sesame-miso dressing and topped with avocado 15

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### Entrees

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**Orzo Eggplant Lasagna *nf***  
Baked portabello mushroom, eggplant, zucchini, roasted red pepper, spinach, tofu ricotta orzo pasta, and slow-roasted shallot marinara paired with organic mixed greens, Kalamata olives, and artichoke hearts finished with a balsamic vinaigrette, 14

**Fiesta Enchilada *nf***  
Marinated soy chicken, sautéed onions, red bell peppers, vegan cheese, flour tortilla, romaine lettuce, with an apple and corn salsa, 15

**Crispy Shrimp Tacos *nf***  
Crispy vegan shrimp topped with mango chutney, shredded lettuce, carrots, purple cabbage, and a chipotle aioli drizzle in a flour tortilla. Served with organic corn chips and salsa, 14

**Sesame Soy Chicken *nf***  
Crispy soy chicken, broccoli, mushrooms, onions, sweet and spicy garlic sauce, and served with a side of organic brown rice, 14

**Spicy Pad Thai Noodles *gf***  
Rice noodles, zucchini, green beans, red bell pepper, mushrooms, baked tofu, kale, carrot, coconut-tahini sauce and garnished with crushed peanuts, 14

**Bacon Burger *nf***  
Vegan bacon, vegan cheese, shredded lettuce, tomato, white onion, and house pickles on a multigrain bun with housemate thousand island sauce, accompanied by hand cut French fries, 17

*nf*= nut free, *sf*= soy free, *gf*= gluten free

We take food sensitivities and allergies very seriously. Despite our best efforts, please be aware that parts of your order may come in contact with allergens. Be sure to discuss any food sensitivities or allergies with your server before ordering.

**For parties of 5 or more, an 18% gratuity will be added.**

